

# TOTAL ADVENTURE

## One 2 One KIT LIST 2024



### Packing List

- Comfortable indoor and outdoor clothes
- Indoor shoes/slippers
- Wellies or boots for Bushcraft
- Towel & Toiletries
- Bible (if you have one)
- Pen, Pencil & notebook
- Pillowcase (optional extra pillow)
- Sleeping Bag/Duvet
- Fitted Sheet
- Day sack/backpack
- Waterproof coat
- Sun Cream
- Warm hat
- Sun hat
- Water Bottle
- Travel mug with a lid
- Comforter/ teddy
- Torch
- Medication (see notes below)
- Inhaler if needed



Label everything

Use a Large bag

Print me to bring  
to reverse pack!

### Please don't bring

Mobile phones  
Expensive electronics  
Jewellery  
Designer clothes  
Alcohol  
Cigarettes/Vapes



## Kit List

The accommodation for One 2 One is in our Timber Yurts, indoor Camping!  
**There are no lockers or plugs in the cabins**, which is why we request no phones or expensive items.

A+ cannot take responsibility for any loss or damage to any items you bring with you, including electronic items —these are your responsibility.

Please pack your belongings in one large hold-all or suitcase and avoid having many separate plastic bags.

## Illness:

To protect others, we ask the team and the campers to stay away if they are unwell within 24 hours of arrival.

## Medication:

If your child is on medication, please bring it in its original packaging showing the use-by date and include the pharmacy label.

Please don't cut off any tablets from the main pack.

Please hand in any medication when they arrive.

The first-aider will look after it and ensure they can access it when needed.

If they have any medication they must carry at all times, please bring a note from their doctor.

If they use a blue inhaler (even rarely), they should always keep it with them.

## Contact Details:

Please ensure that A+ has details of who to contact in an emergency.

**A+ Offices - 01993 703308 (Monday - Friday, 09:00 - 17:00)**

**Staff mobile - 07845 167682 (all other times)**

If you have any questions or need more information, please contact us at [ta@adventureplus.uk](mailto:ta@adventureplus.uk).

We look forward to seeing you on **Friday 4th October 7pm**      **Sunday 6th October 4pm**

All our holidays are smoke/vape, alcohol and drug-free holidays - please do not bring any of these items to camp - any campers found in possession of any of these items will be asked to leave.

