

## What to expect from your A+ Gap year.

**July & Early August**: Join us for two weeks for Total Adventure (TA) Holidays to get to know the team, assist our instructors in activity provision and lead small group discussions as dorm leaders. Get a feel for what you are aspiring to

**September:** Join the team at A+. Embark on a 3-day canoe camping expedition to get to know the rest of the team and learn open canoe skills and camp craft. Also, a great time to 'distil' what you want to achieve in the year ahead and set personal, spiritual and physical (adventure activity) goals

Join the experienced A+ instructors on our autumn school residentials as part of the team.

**October:** Begin focused training towards activity instructor qualifications - majoring in canoeing, Kayak and SUP skills and river safety (before the winter weather sets in and the water gets colder!)

**November:** Having passed the paddlesports qualifications, focus shifts training towards the Lowland Expedition Leadership qualification, meaning lots of walking and navigating! As the busy season ends, leadership of small activity sessions and Windmill Farm Hospitality training begins.

**December:** Continuing to hone walking expedition skills and training in archery and circus skills. Finishing off our series of testimonies in our Spiritual Input (SI) sessions. TA meeting to pray and discuss next year's theme.

Intro to moving water at Buscot

1:1 meeting to discuss how the year's been, and looking forward to the following year!

**January:** After the Christmas break, we start looking at Biblical models of leadership in SI, and how we can apply their examples to our day-to-day lives. Head to the New Forest for a 3-day walking expedition to put all the skills learnt over the past three months into practice. Get ready for the upcoming year with team time.

**February**: Help prepare and head to the Swiss Alps for a week of skiing in God's awesome creation! Continue training in Bushcraft and mountain biking, building confidence in leading small activity sessions.

We turn our attention to Jesus' character in SI.

**March:** Out There in Him. How does creation point us back to the Creator? Our final chapter of SI. After months of hard work, the LEL assessment rounds off the course. Regularly running activities and intro to day-long events as we gear up for an exciting and busy summer!

**April:** Signed off on any outstanding activities. A multi-day expedition to celebrate the end of the year's training and look forward to the summer.

*Gappy/Inter Day* introduced - a day each month of the summer where the Gappies and Interns can do whatever activity they like together for a day.

**May, June, & July:** Running activities and day-long events. Attending canoe club to enjoy the summer and continue to hone paddling skills.

August: Running activities and day-long events.

End of Year expedition - 3 days of fun in the mountains or a river trip to celebrate the past year, as well as a BBQ.

Formal 1:1 - How has the past year been?