

Witney to Westminster Canoe Marathon 11th – 16th May 2019 Registration Form

Your details:

Name: _____ Date of birth: _____
 Address: _____ Home telephone: _____
 Postcode: _____ Mobile telephone: _____
 Email address: _____ Team name (if applicable): _____
 If you are entering as part of a group, please note the other team members' names:

Stages: please tick which stages you intend to complete:

- | | | | |
|--------------------------|--------------|---|--------------------------|
| <input type="checkbox"/> | All 6 stages | Saturday 11 th - Thursday 16 th May | Newbridge – Westminster |
| <input type="checkbox"/> | Stage 1 | Saturday 11 th May | Newbridge – Abingdon |
| <input type="checkbox"/> | Stage 2 | Sunday 12 th May | Abingdon – Goring |
| <input type="checkbox"/> | Stage 3 | Monday 13 th May | Goring – Hurley |
| <input type="checkbox"/> | Stage 4 | Tuesday 14 th May | Hurley – Staines |
| <input type="checkbox"/> | Stage 5 | Wednesday 15 th May | Staines – Teddington |
| <input type="checkbox"/> | Stage 6 | Thursday 16 th May | Teddington – Westminster |

Sponsorship: the sponsorship that we would love you to raise relates to the number of stages that you enter. Fundraising targets per person are: 1-stage £250, 2-stages £450, 3- stages £550, 4-stages £700, 5-stages £850, 6-stages £1,000 (½ these targets for those under 18)

- I agree to try to raise the amount of sponsorship for the adventure youth work of Adventure Plus by the end of June 2019

Accommodation & Food: thanks to the generous support of many churches on the route, we can offer basic overnight accommodation and catering. You will require a sleeping bag and roll mat, but you are welcome to arrange your own accommodation if you prefer – please just let us know.

Food is included. However please bring a packed lunch for the first day and plenty of snacks for the journey down the river. Please specify any dietary requirements:

Medical Information (If answered YES please give details)

Do you suffer from any allergies? _____ Do you use an inhaler? _____
 Are you on medication or any other treatment? _____ If yes, please describe: _____

Emergency Contact Details

Please give name and phone number of person to be contacted in case of emergency:
 Name: _____ Phone: _____

Training: please tick which pre-challenge training days you wish to attend:

If you are not at least BCU 2* qualified then you need to attend **two** free training sessions (Ideally skills training + 10 mile journey). This will ensure we all get off in a timely and smooth start each day and will help any of you who are novices or feeling a bit rusty.

- 11 am-2 pm Saturday 30th March 2019 Skills training, Windmill Farm, Clanfield, onto Radcot
- 11 am-2 pm Saturday 13th April 2019 Skills training, Windmill Farm, Clanfield, onto Radcot
- 10 am-3 pm Saturday 27th April 2019 10 mile journey, Lechlade – Grafton Lock

Registration Fee:

In order to secure your place on the event you need to pay the non-refundable £50 registration fee.

- I have paid the £50 registration fee via a bank transfer to Account: 43000894 Sort Code 60 24 60
Please use narrative: W2WFeeyourname e.g. W2WFeeBearGrylls
- I have sent a cheque for £50 made payable to 'Adventure Plus', to secure my place.

Organisation & Shore Support:

Please consider directing any friends or family to us if you think could help in planning or running the event. We sometimes need support with promotion and publicity, catering, driving and logistics, baggage handling.

Please use this space to tell us any other information you think we may need to know.

Disclaimer and Privacy:

I understand that the activities included in the Witney to Westminster Canoe Marathon have inherent risks & hazards and require an appropriate level of health, fitness and experience on behalf of the participants. I understand that if I have concerns then I should consider seeking professional medical advice.

I understand that any equipment provided by Adventure Plus (A+) will be checked by A+ and is safe to use. I take responsibility for checking that any non-A+ equipment I decide to use, whether it is my property or lent to me, is safe to use on the terrain and in the conditions on that day. I will not hold A+ liable for any injury resulting from failure of gear not owned by A+.

I hereby assume all risks and dangers and all responsibility for any losses and/or damages to my property, or injury to myself, which may occur as a result of my participation in any part of the Witney to Westminster Challenge, and confirm that I am physically fit and in robust health, as appropriate for my participation in this event.

I voluntarily agree to release, waive, discharge, hold harmless, defend and indemnify A+ from any and all claims, actions or losses, including personal injury or wrongful death, and do so on behalf of my personal representatives and my heirs.

Photos: A+ reserve the right to use photographs/videos taken on the challenge. If you prefer not to be included in A+ publicity, please write/email us attaching a photo so we can identify them clearly.

Data: We will use the data we hold about you only in relation to this event and in the following ways:

- To carry out our obligations arising from this contract entered into between you and us e.g. provide needed care on the event;
- To ensure that we can communicate with you and your emergency contact person; and
- To enable us to claim gift aid on any applicable donations made by you or through you.

If you do not want us to use your data in these ways, wish to stop receiving communications from us or have any other questions please email our team at marketing@adventureplus.org.uk.

More details about this and our Data Privacy Notice can be found on our website (<https://www.adventureplus.org.uk/privacy-notice-gdpr>) or by contacting us.

Signed: _____ (if under 18 parent/guardian sign) Date: _____

Please return this form to the Event Administrator Claire Devonald at claire.d@adventureplus.org.uk
If you have any questions please contact Claire on Tel: 01993 703 308